



## JOB POSTING

### Physiotherapist Assistant/Fitness Facilitator

---

Better Living Health & Community Services has opening for a Physiotherapist Assistant/Fitness Facilitator. This position will be primarily responsible for providing exercise and falls prevention classes for seniors in retirement homes, condominiums and apartment buildings

***This positions reports to:*** Coordinator, Community Fitness and Falls Prevention

**The Successful Candidate for this Position Must Have the Following Qualifications:**

- Diploma/Certificate from recognized Association/ Accredited School for Physiotherapy Assistant/Occupational Therapy Assistant/ or Fitness Instructor/or related field
- Up to one year of experience with assessment of cognition, mobility and safety with elderly and/or chronically ill
- Knowledge of community resources an asset
- Demonstrate excellent communication and interpersonal skills and effectiveness in inter-professional practice skills
- Flexible to meet additional responsibilities and duties as program demands as service provision may range across the health centre
- Excellent time management skills and demonstrated ability to perform in a fast-paced environment with minimal supervision
- Satisfactory attendance record and excellent time management skills
- Demonstrate commitment to best practices, ongoing learning, and client centered care
- Ability to work independently and collaborate effectively in an interdisciplinary team environment
- Ability to function in a stressful environment while maintaining professional demeanor
- Standard First/Aid Basic Rescuer Cardio-Pulmonary Resuscitation (C.P.R.) certification
- Problem solving skills, professionalism and flexibility
- Full G Driver's License and access to a vehicle is an asset
- Successful completion of *Vulnerable Sector Screening* within one month of employment

**The Successful Candidate for this Position Must be able to:**

- Assist in the Development and implementation overall wellness and falls prevention programming
- Willing to travel to various Retirement homes
- Provide balance and strengthening exercises for seniors who are at risk of falling.
- Develop and maintain key stakeholder relationships
- Participate in quality assurance and peer review processes
- Conduct statistical tracking and monitoring for all programs and clients
- Develop and implement continuous quality improvement activities
- Address physical challenges associated with aging
- Attend to injuries and provide advice on prevention and recurrence
- Maximize mobility in areas such as stroke, Parkinson's disease, etc. and manage respiratory and cardiac conditions
- Be available to commence immediately

**SALARY:** Hourly rate commensurate with experience

**Please email or fax your cover letter and resume by July 10, 2019 with attention to:** Human Resources

**E-mail:** [hr@betterlivinghealth.org](mailto:hr@betterlivinghealth.org)

**Fax:** 416-510-1104

Please quote ***“Physiotherapist Assistant/Fitness Facilitator”*** on the cover letter and e-mail subject line.

Better Living is an equal opportunity employer and is in accordance with the Ontario Human Rights Code, Employment Standards Act and Accessibility for Ontarians with Disabilities Act. Applicants need to make their request for accommodation known when contacted. Thank you to all who express interest in this position and we welcome all resumes. However, only those granted an interview will be contacted.

**No phone calls, please. Thank you.**