2019

HELLO MAY

ADULT DAY PROGRAM NEWSLETTER

1 OVERLAND DRIVE - TORONTO, ON

RIPLEY'S AQUARIUM, ADP OUTING - APRIL 2019

HIGHLIGHTS

- PAYMENT POLICY
- CANCELLATION POLICY
- EDWARD GARDENS OUTING

THE DAY PROGRAM WILL BE CLOSED ON MONDAY, MAY 20TH

NEW DAILY OVERVIEW

DAY PROGRAM	
8:30 AM - 9:30 AM	ARRIVALS
9:00 AM - 9:45 AM	NEWS & VIEWS GROUP DISCUSSION
9:50 AM - 10:00 AM	MORNING SONG & STRETCH
10:10AM - 11:15 AM	MORNING MENTAL PROGRAM
11:20 AM - 12:20 PM	EXERCISE
12:30 PM - 1:15 PM	LUNCH
1:30 PM - 3:00 PM	AFTERNOON PROGRAM
3:00 PM - 4:30 PM	MEDITATION / EVENING PROGRAM

WE ARE HERE FOR YOU

WE ARE NOW OFFERING SATURDAYS & FULL DAY CARE TO OUR ADULT DAY PROGRAM CLIENTS!

MONDAY, TUESDAY, FRIDAY 9:00 A.M. - 3:00 P.M.
WEDNESDAY, THURSDAY 9:00 A.M. - 6:00 P.M.
SATURDAY **NEW** **9:00A.M – 3:00 P.M.**

COST: $29.95 FOR FULL DAY (WITH MEAL)
$16.95 FOR ANY 4 HOURS OF CHOICE (WITH MEAL)

Contact us today to take advantage of our extended evening hours at NO EXTRA FEE! You take care of your day and Let us take care of your loved one.

CANCELLATION POLICY:
If a client is going to be absent, we require at least 24 hours' notice or the daily fee will still be charged for the missed day. Transportation fees will only be charged if the vehicle arrives to pick up a client and they are not there. Please speak with one of our Day Program Staff to enquire about substituting another day.

Amy Ensing
Recreationist, Ext. 721
aensing@betterlivinghealth.org

Grissel Sanchez
Recreationist, Ext. 721
gsanchez@betterlivinghealth.org

Salma Iqbal
Supervisor, Ext. 640
siqbal@betterlivinghealth.org

Virginia Fierro
VP, Better Living Centre
vfierro@betterlivinghealth.org

Support Staff:

Fatima Khanam
ADP Assistant, Ext. 721
fkhanam@betterlivinghealth.org

Norma Rojas
Food Services, Ext. 532 or 722
nrojas@betterlivinghealth.org

Roze Cize
Recreationist, Ext. 721
rcize@betterlivinghealth.org

EDWARD GARDENS OUTING:

Join us for a trip to Edward Gardens on Thursday, May 23rd 2019 where our ADP Clients can enjoy a beautiful display of flowers, take a nature walk, a delicious lunch and have an opportunity to watch the small animals.

Open to all ADP clients.

Free of charge

Interested clients please contact the ADP staff.

PAYMENT POLICY:

Invoices are issued to all Better Living client's every 2nd week of the month and clearly states that payments are due upon receipt. We trust that all clients/caregivers will make payments in a timely fashion. However, in the event that you should have any questions, concerns or troubles regarding your invoice, please contact the Adult Day Staff department Immediately to avoid interruption of service.

ADULT DAY PROGRAM CALENDAR

BetterLiving

WWW.MYBETTERLIVING.CA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Categories 11:20 Exercise 12:30 Lunch 1:30 Honey Friend 3:00 Potting Plants	**2** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Music Therapy 11:20 Exercise 12:30 Lunch 1:30 Making Butter 3:00 Balloon Badminton	**3** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 The Kentucky Derby 11:20 Exercise 12:30 Lunch 1:30 Paul Anka Music Hour	**4** 9:30 News & Views 10:15 Morning Song & Stretch 10:20 All about Roses 11:00 Exercise 12:00 Lunch 1:00 Clients choice
6 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Traveling Tunes 11:20 Exercise 12:30 Lunch 1:30 Alphabet minute game	**7** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Therapeutic Touch 11:20 Exercise 12:30 Lunch 1:30 Painting with Dana	**8** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Crossword 11:20 Exercise 12:30 Lunch 1:30 Tulips Festival 3:00 Animal Capers video clips	**9** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Banana Cake 11:20 Exercise 12:30 Lunch 1:30 Word Games 3:00 Making Plant Terrariums	**10** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 All about Mothers 11:20 Exercise 12:30 Lunch 1:30 Mother's Greeting Cards	**11** 9:30 News & Views 10:15 Morning Song & Stretch 10:20 Pet Rocks 11:00 Exercise 12:00 Lunch 1:00 Client choice
13 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Beach Craft 11:20 Exercise 12:30 Lunch 1:30 Superstitions	**14** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Hedbanz 11:20 Exercise 12:30 Lunch 1:30 Bingo	**15** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Painting with vegetables 11:20 Exercise 12:30 Lunch 1:30 Mind Joggers 3:00 Pipe Cleaner Painting	**16** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Music Therapy 11:20 Exercise 12:30 Lunch 1:30 Everything about birds 3:00 Bowling	**17** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Butter Cookie 11:20 Exercise 12:30 Lunch 1:30 Finish the Lyric	**18** 9:30 News & Views 10:15 Morning Song & Stretch 10:20 Painting with potatoes 11:00 Exercise 12:00 Lunch 1:00 Client choice
20 **VICTORIA DAY** CENTRE CLOSED	**21** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Painting with Dana 11:20 Exercise 12:30 Lunch 1:30 Armchair Travel to Turkey	**22** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Creating Paper Flowers 11:20 Exercise 12:30 Lunch 1:30 Music Talk 3:00 Karaoke	**23** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Edwards garden Outing 11:20 Exercise 12:30 Lunch 1:30 Spring Time Poems 3:00 Tye Dye	**24** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Great Moments in Sports 11:20 Exercise 12:30 Lunch 1:30 Old tv shows	**25** 9:30 News & Views 10:15 Morning Song & Stretch 10:20 Patio Party 11:00 Exercise 12:00 Lunch 1:00 Clients choice
27 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Miles Davis 11:20 Exercise 12:30 Lunch 1:30 Arm chair travel to Halliburton Ontario	**28** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Card Emblem Day 11:20 Exercise 12:30 Lunch 1:30 Karaoke	**29** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Peanut time 11:20 Exercise 12:30 Lunch 1:30 Amazing Animals 3:00 Ball Hockey	**30** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Making Ice Cream 11:20 Exercise 12:30 Lunch 1:30 Healing dance 3:00 Ghost Stories	**31** 9:00 News & Views 9:45 Morning Song & Stretch 10:10 Identify the dance 11:20 Exercise 12:30 Lunch 1:30 The Beach Boys	

PROGRAM TITLES ABOVE ARE COLOR-CODED TO MATCH THE SERVICE DELIVERY ICONS:

SOCIAL · LEISURE · HEALTH & WELLNESS · EDUCATION