



GENERAL INTERESTS

COFFEE/TEA AND BE CONNECTED

Monday, Wednesday, and Friday | 10:30 a.m. – 11:30 a.m.

If you're looking for social connections and stimulating conversations, during this challenging time! Grab your favourite morning drinks and stay connected with Better Living staff and members.

MANDARIN FOR BEGINNERS

Thursday | 11:30 a.m. – 12:30 p.m.

Let's learn Mandarin! Come and learn social conversation in Mandarin. This group is designed for participants with little or no basic in Mandarin.

SPANISH EXCHANGE FOR BEGINNERS

Tuesday | 3:00 p.m. – 4:00 p.m.

Hola amigo! Join us as we learn simple words and phrases and understand simple conversations in Spanish. Speak Spanish in a casual, fun and relaxed atmosphere with a little twist. No previous knowledge of the Spanish language necessary.
